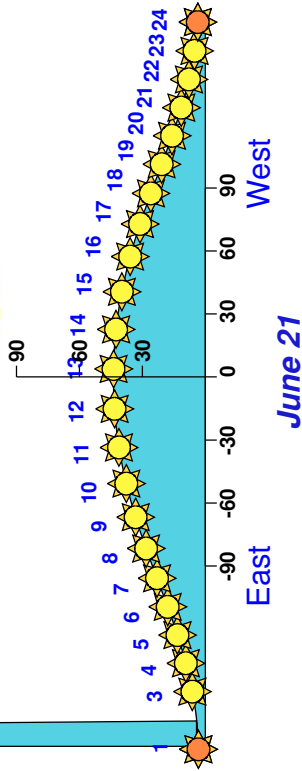


Sun Calendar 2026

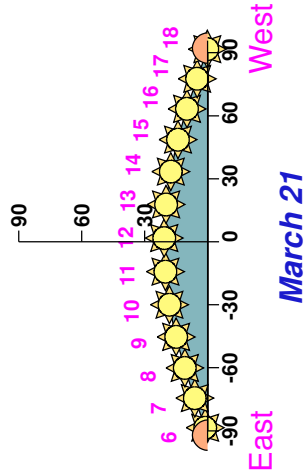
Tromsø
18.95°E, 69.65°N



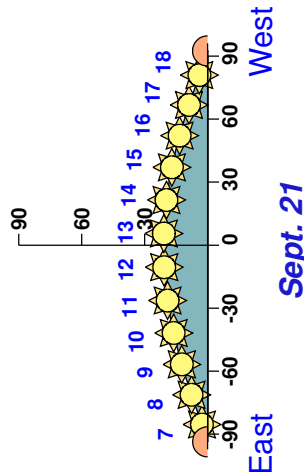
Summer



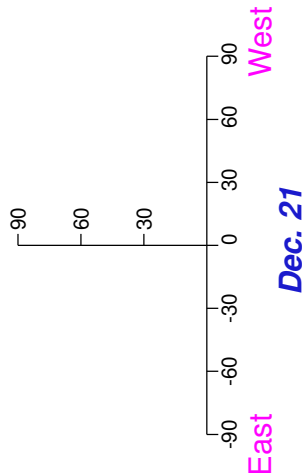
Spring



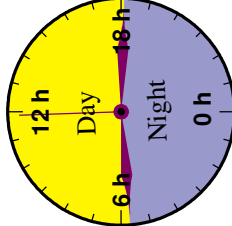
Autumn



Winter

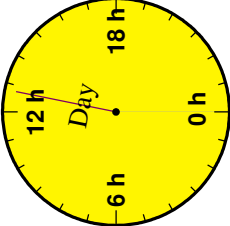


Day duration 12:26



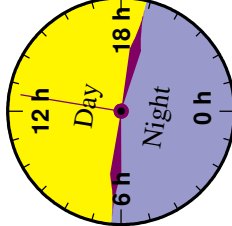
Spring Equinox

Day duration 24:00



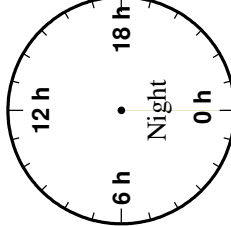
Summer Solstice

Day duration 12:32

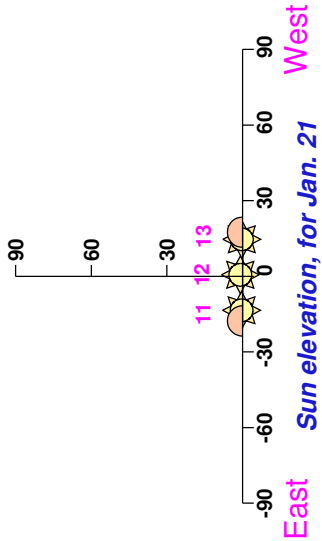


Autumn Equinox

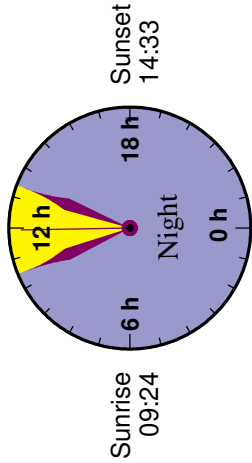
Day duration 00:00



January 2026



Tromsø
18.95°E, 69.65°N



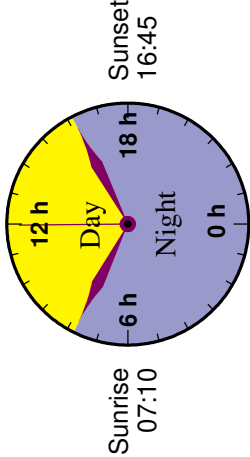
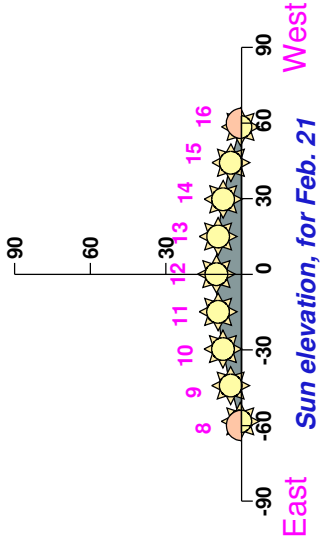
Duration of the day, for January 21

Sunrise and Sunset at Tromsø (TL $\pm$ 1 mn) and sun maximal elevation (°)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 5 - 360 Polar Night	6 6 - 359 Polar Night	7 7 - 358 Polar Night	8 8 - 357 Polar Night	9 9 - 356 Polar Night	10 10 - 355 Polar Night	11 11 - 354 Polar Night
12 12 - 353 Polar Night	13 13 - 352 Polar Night	14 14 - 351 Polar Night	15 15 - 350 11:29 - 12:19 0°	16 16 - 349 11:13 - 12:36 0°	17 17 - 348 11:02 - 12:48 0°	18 18 - 347 10:52 - 12:58 0°
19 19 - 346 10:44 - 13:07 1°	20 20 - 345 10:36 - 13:15 1°	21 21 - 344 10:29 - 13:23 1°	22 22 - 343 10:22 - 13:31 1°	23 23 - 342 10:15 - 13:38 1°	24 24 - 341 10:09 - 13:45 2°	25 25 - 340 10:03 - 13:51 2°
26 26 - 339 09:57 - 13:58 2°	27 27 - 338 09:51 - 14:04 2°	28 28 - 337 09:46 - 14:10 3°	29 29 - 336 09:40 - 14:16 3°	30 30 - 335 09:35 - 14:22 3°	31 31 - 334 09:29 - 14:27 3°	

February 2026

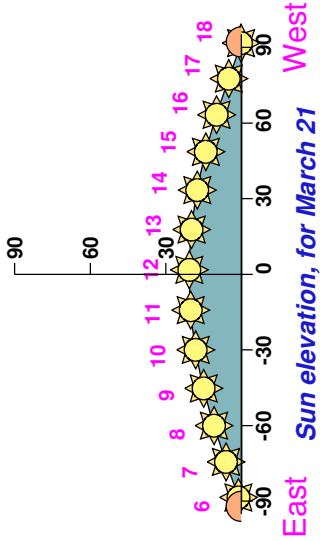
Tromsø
18.95°E, 69.65°N



Duration of the day, for February 21

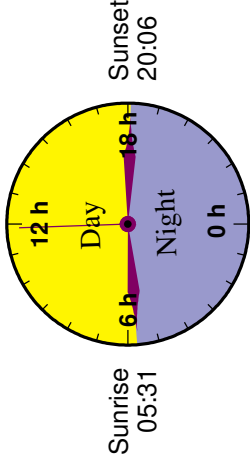
Sunrise and Sunset at Tromsø (TL $\pm$ 1 mn) and sun maximal elevation (°)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 2 33 - 332 09:19 - 14:38 4°	6 3 34 - 331 09:14 - 14:44 4°	7 4 35 - 330 09:09 - 14:49 4°	8 5 36 - 329 09:04 - 14:54 5°	9 6 37 - 328 08:59 - 14:59 5°	10 7 38 - 327 08:54 - 15:04 5°	11 8 39 - 326 08:49 - 15:09 6°
12 9 40 - 325 08:44 - 15:14 6°	13 10 41 - 324 08:39 - 15:19 6°	14 11 42 - 323 08:34 - 15:24 7°	15 12 43 - 322 08:29 - 15:29 7°	16 13 44 - 321 08:25 - 15:34 7°	17 14 45 - 320 08:20 - 15:38 8°	18 15 46 - 319 08:15 - 15:43 8°
19 16 47 - 318 08:11 - 15:48 8°	20 17 48 - 317 08:06 - 15:52 9°	21 18 49 - 316 08:01 - 15:57 9°	22 19 50 - 315 07:56 - 16:01 9°	23 20 51 - 314 07:52 - 16:06 10°	24 21 52 - 313 07:47 - 16:10 10°	25 22 53 - 312 07:43 - 16:15 10°
26 23 54 - 311 07:38 - 16:19 11°	27 24 55 - 310 07:33 - 16:23 11°	28 25 56 - 309 07:29 - 16:28 11°	29 26 57 - 308 07:24 - 16:32 12°	30 27 58 - 307 07:20 - 16:36 12°	31 28 59 - 306 07:15 - 16:41 13°	



March 2026

Tromsø
18.95°E, 69.65°N



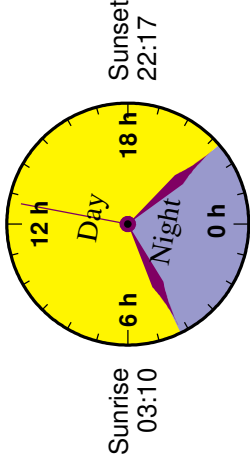
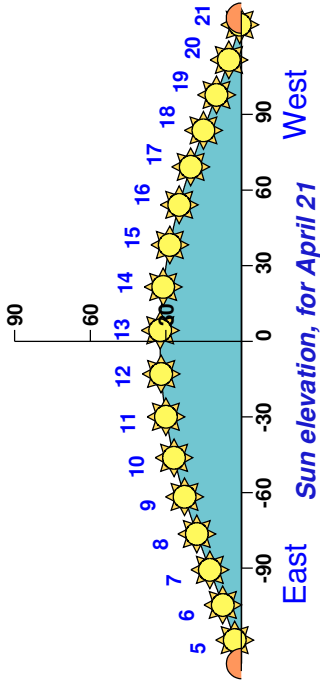
Sunrise and Sunset at Tromsø (TL ± 1 mn) and sun maximal elevation (°)

Time change *March 29*

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

9	2	3	4	5	6	7	8
10	9	10	11	12	13	14	15
11	16	17	18	19	20	21	22
12	23	24	25	26	27	28	29
13	30	31					
14							

April 2026



Tromsø

18.95°E, 69.65°N

Duration of the day, for April 21

Sunrise and Sunset at Tromsø (TL ± 1 mn) and sun maximal elevation (°)

Sun elevation, for April 21

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 96 - 269 05:26 - 20:10 27°	7 97 - 268 05:21 - 20:15 27°	1 91 - 274 05:49 - 19:50 25°	2 92 - 273 05:45 - 19:54 25°	3 93 - 272 05:40 - 19:58 26°	4 94 - 271 05:35 - 20:02 26°	5 95 - 270 05:31 - 20:06 27°
13 103 - 262 04:53 - 20:40 30°	14 104 - 261 04:48 - 20:44 30°	8 98 - 267 05:17 - 20:19 28°	9 99 - 266 05:12 - 20:23 28°	10 100 - 265 05:07 - 20:27 28°	11 101 - 264 05:02 - 20:31 29°	12 102 - 263 04:58 - 20:36 29°
20 110 - 255 04:19 - 21:11 32°	21 111 - 254 04:14 - 21:16 32°	15 105 - 260 04:43 - 20:49 30°	16 106 - 259 04:38 - 20:53 31°	17 107 - 258 04:33 - 20:58 31°	18 108 - 257 04:29 - 21:02 31°	19 109 - 256 04:24 - 21:07 32°
27 117 - 248 03:43 - 21:45 34°	28 118 - 247 03:37 - 21:50 35°	22 112 - 253 04:09 - 21:21 33°	23 113 - 252 04:04 - 21:25 33°	24 114 - 251 03:58 - 21:30 33°	25 115 - 250 03:53 - 21:35 34°	26 116 - 249 03:48 - 21:40 34°

14

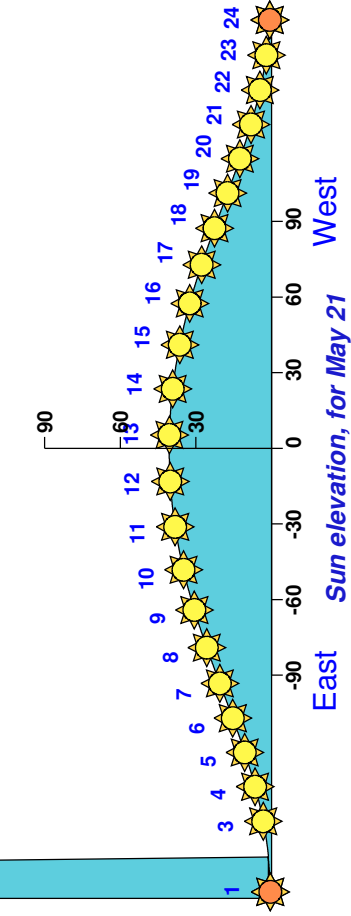
15

16

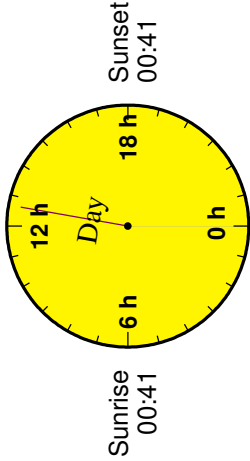
17

18

May 2026



Tromsø
18.95°E, 69.65°N

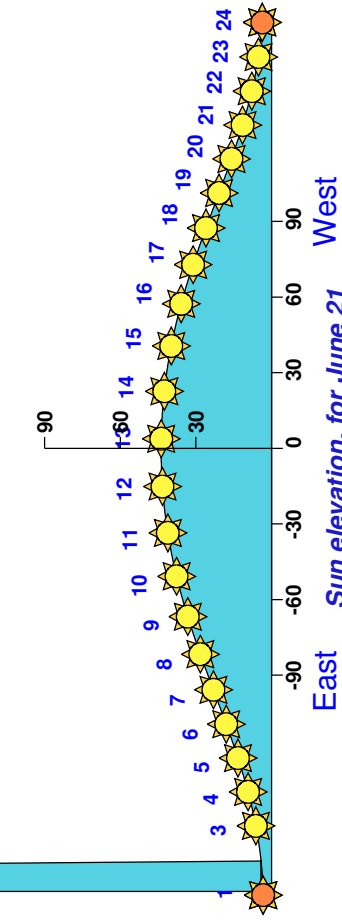


Duration of the day, for May 21

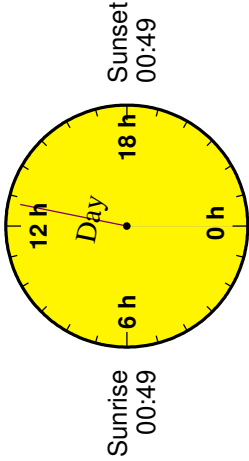
Sunrise and Sunset at Tromsø (TL $\pm$ 1 mn) and sun maximal elevation (°)

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
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18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
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18		19		20		21		22		23		24	
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18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
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18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18		19		20		21		22		23		24	
18													

June 2026



Tromsø
18.95°E, 69.65°N

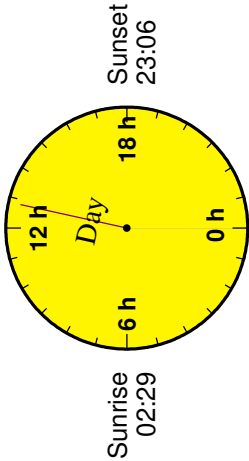
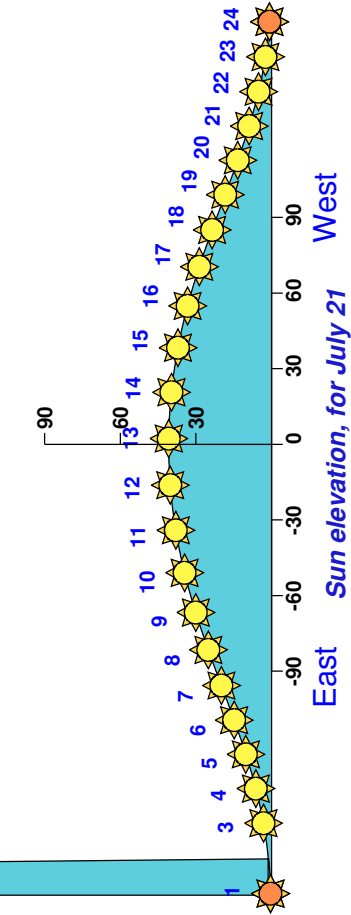


Duration of the day, for June 21

Sunrise and Sunset at Tromsø (TL $\pm$ 1 mn) and sun maximal elevation (°)

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
23	1 152 - 213 Day at anytime	2 153 - 212 Day at anytime	3 154 - 211 Day at anytime	4 155 - 210 Day at anytime	5 156 - 209 Day at anytime	6 157 - 208 Day at anytime	7 158 - 207 Day at anytime						
	8 159 - 206 Day at anytime	9 160 - 205 Day at anytime	10 161 - 204 Day at anytime	11 162 - 203 Day at anytime	12 163 - 202 Day at anytime	13 164 - 201 Day at anytime	14 165 - 200 Day at anytime						
	15 166 - 199 Day at anytime	16 167 - 198 Day at anytime	17 168 - 197 Day at anytime	18 169 - 196 Day at anytime	19 170 - 195 Day at anytime	20 171 - 194 Day at anytime	21 172 - 193 Day at anytime						
	22 173 - 192 Day at anytime	23 174 - 191 Day at anytime	24 175 - 190 Day at anytime	25 176 - 189 Day at anytime	26 177 - 188 Day at anytime	27 178 - 187 Day at anytime	28 179 - 186 Day at anytime						
	29 180 - 185 Day at anytime	30 181 - 184 Day at anytime											
24													
25													
26													
27													

July 2026

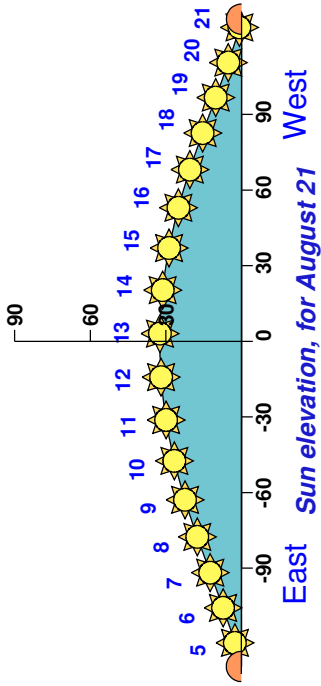


Duration of the day, for July 21

Sunrise and Sunset at Tromsø (TL ± 1 mn) and sun maximal elevation (°)

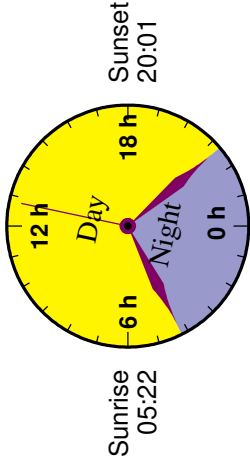
Tromsø
18.95°E, 69.65°N

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 187 - 178 Day at anytime	7 188 - 177 Day at anytime	1 182 - 183 Day at anytime	2 183 - 182 Day at anytime	3 184 - 181 Day at anytime	4 185 - 180 Day at anytime	5 186 - 179 Day at anytime
13 194 - 171 Day at anytime	14 195 - 170 Day at anytime	8 189 - 176 Day at anytime	9 190 - 175 Day at anytime	10 191 - 174 Day at anytime	11 192 - 173 Day at anytime	12 193 - 172 Day at anytime
20 201 - 164 Day at anytime	21 202 - 163 Day at anytime	15 196 - 169 Day at anytime	16 197 - 168 Day at anytime	17 198 - 167 Day at anytime	18 199 - 166 Day at anytime	19 200 - 165 Day at anytime
27 208 - 157 01:43 - 23:59 40°	28 209 - 156 01:55 - 23:48 39°	22 203 - 162 Day at anytime	23 204 - 161 Day at anytime	24 205 - 160 Day at anytime	25 206 - 159 01:05 - 00:38 40°	26 207 - 158 01:29 - 00:14 40°



August 2026

Tromsø
18.95°E, 69.65°N

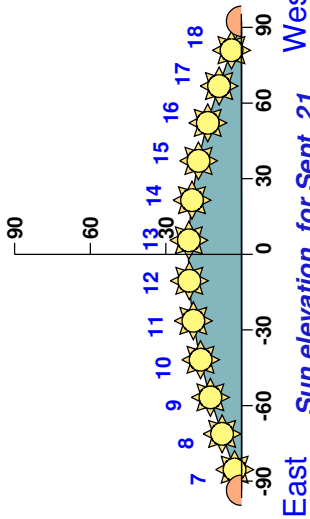


Duration of the day, for August 21

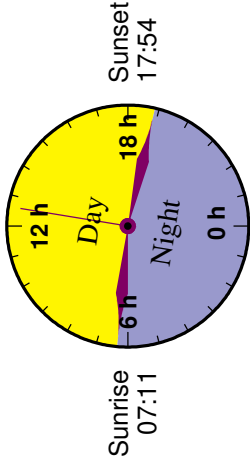
Sunrise and Sunset at Tromsø (TL ± 1 mn) and sun maximal elevation (°)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 02:36 - 22:59 38°	4 02:43 - 22:53 38°	5 02:49 - 22:46 37°	6 02:56 - 22:40 37°	7 03:02 - 22:34 37°	1 02:21 - 23:14 38°	2 02:29 - 23:06 38°
10 03:19 - 22:16 36°	11 03:24 - 22:11 36°	12 03:30 - 22:05 35°	13 03:35 - 22:00 35°	14 03:40 - 21:54 35°	8 03:07 - 22:28 36°	9 03:13 - 22:22 36°
17 03:55 - 21:39 34°	18 03:59 - 21:33 33°	19 04:04 - 21:28 33°	20 04:09 - 21:23 33°	21 04:13 - 21:18 32°	15 03:45 - 21:49 34°	16 03:50 - 21:44 34°
24 04:27 - 21:03 31°	25 04:31 - 20:58 31°	26 04:36 - 20:54 31°	27 04:40 - 20:49 30°	28 04:44 - 20:44 30°	22 04:18 - 21:13 32°	23 04:23 - 21:08 32°
31 04:57 - 20:30 29°					29 04:49 - 20:39 30°	30 04:53 - 20:34 29°

September 2026



Tromsø
18.95°E, 69.65°N

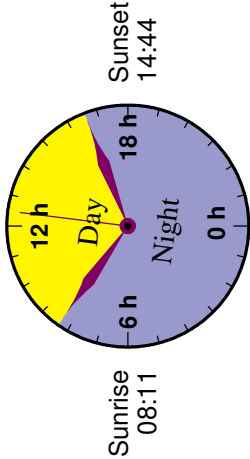
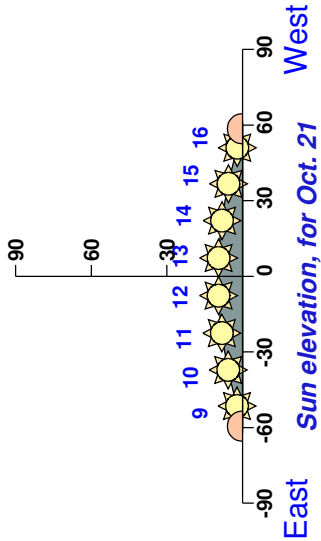


Duration of the day, for September 21

Sunrise and Sunset at Tromsø (TL ± 1 mn) and sun maximal elevation (°)

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
36	7 250 - 115 05:26 - 19:57 26°	8 251 - 114 05:30 - 19:52 26°	1 244 - 121 05:01 - 20:25 29°	2 245 - 120 05:05 - 20:20 28°	3 246 - 119 05:09 - 20:15 28°	4 247 - 118 05:13 - 20:11 27°	5 248 - 117 05:18 - 20:06 27°	6 249 - 116 05:22 - 20:01 27°	37	13 256 - 109 05:49 - 19:29 24°	38	20 263 - 102 06:16 - 18:57 21°	39	27 270 - 95 06:43 - 18:25 19°	40
	14 257 - 108 05:53 - 19:24 24°	15 258 - 107 05:57 - 19:20 23°	16 259 - 106 06:01 - 19:15 23°	17 260 - 105 06:05 - 19:11 23°	18 261 - 104 06:09 - 19:06 22°	19 262 - 103 06:13 - 19:02 22°	26 269 - 96 06:40 - 18:30 19°								
	21 264 - 101 06:20 - 18:52 21°	22 265 - 100 06:24 - 18:48 21°	23 266 - 99 06:28 - 18:43 20°	24 267 - 98 06:32 - 18:39 20°	25 268 - 97 06:36 - 18:34 19°	26 269 - 96 06:40 - 18:30 19°									
	28 271 - 94 06:47 - 18:21 18°	29 272 - 93 06:51 - 18:16 18°	30 273 - 92 06:55 - 18:12 18°												

October 2026



Tromsø
18.95°E, 69.65°N

Duration of the day, for October 21

Sunrise and Sunset at Tromsø (TL ± 1 mn) and sun maximal elevation (°)

Time change *October 25*

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

40

5 278 - 87 07:15 - 17:49 16°	6 279 - 86 07:19 - 17:45 15°	7 280 - 85 07:23 - 17:40 15°	1 274 - 91 06:59 - 18:07 17°	2 275 - 90 07:03 - 18:03 17°	3 276 - 89 07:07 - 17:58 16°	4 277 - 88 07:11 - 17:54 16°
12 285 - 80 07:43 - 17:17 13°	13 286 - 79 07:47 - 17:13 13°	14 287 - 78 07:51 - 17:08 12°	8 281 - 84 07:27 - 17:35 14°	9 282 - 83 07:31 - 17:31 14°	10 283 - 82 07:35 - 17:26 14°	11 284 - 81 07:39 - 17:22 13°
19 292 - 73 08:12 - 16:45 10°	20 293 - 72 08:16 - 16:41 10°	21 294 - 71 08:21 - 16:36 10°	15 288 - 77 07:55 - 17:04 12°	16 289 - 76 07:59 - 16:59 11°	17 290 - 75 08:03 - 16:54 11°	18 291 - 74 08:08 - 16:50 11°
26 299 - 66 07:43 - 15:13 8°	27 300 - 65 07:47 - 15:08 8°	28 301 - 64 07:52 - 15:03 7°	29 302 - 63 07:56 - 14:58 7°	30 303 - 62 08:01 - 14:54 7°	24 297 - 68 08:34 - 16:22 9°	25 298 - 67 07:38 - 15:17 8°

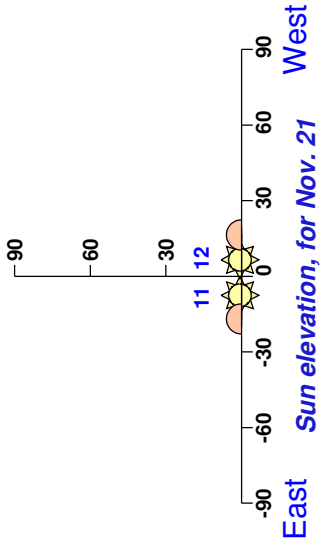
41

42

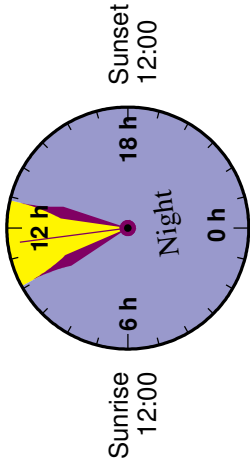
43

44

November 2026



Tromsø
18.95°E, 69.65°N



Duration of the day, for November 21

Sunrise and Sunset at Tromsø (TL $\pm$ 1 mn) and sun maximal elevation (°)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 08:16 - 14:39 6°	3 08:20 - 14:34 5°	4 08:25 - 14:29 5°	5 08:30 - 14:24 5°	6 08:36 - 14:19 4°	7 08:41 - 14:14 4°	8 08:46 - 14:09 4°
9 08:51 - 14:04 4°	10 08:57 - 13:59 3°	11 09:02 - 13:53 3°	12 09:08 - 13:48 3°	13 09:14 - 13:42 3°	14 09:20 - 13:37 2°	15 09:26 - 13:31 2°
16 09:32 - 13:25 2°	17 09:38 - 13:19 2°	18 09:45 - 13:13 1°	19 09:52 - 13:07 1°	20 09:59 - 13:00 1°	21 10:06 - 12:53 1°	22 10:14 - 12:46 1°
23 10:23 - 12:38 1°	24 10:33 - 12:29 0°	25 10:44 - 12:18 0°	26 10:57 - 12:05 0°	27 11:20 - 11:43 0°	28 Polar Night	29 Polar Night
30 Polar Night						

44

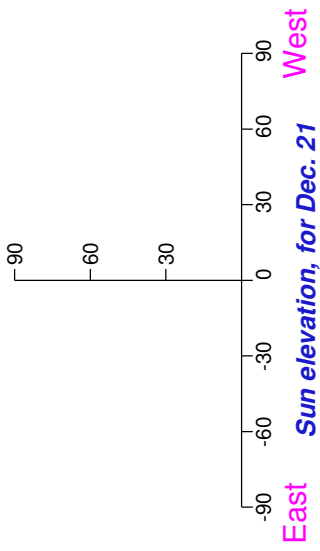
45

46

47

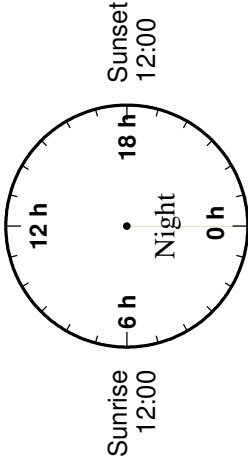
48

49



December 2026

Tromsø
18.95°E, 69.65°N



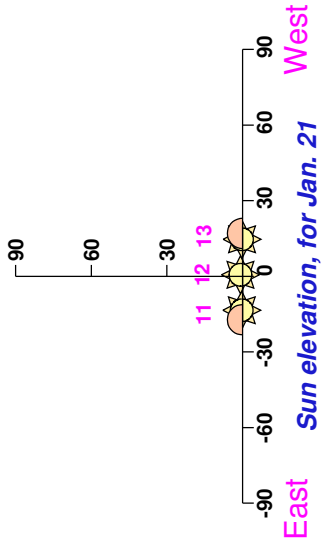
Duration of the day, for December 21

Sunrise and Sunset at Tromsø (TL ± 1 mn) and sun maximal elevation (°)

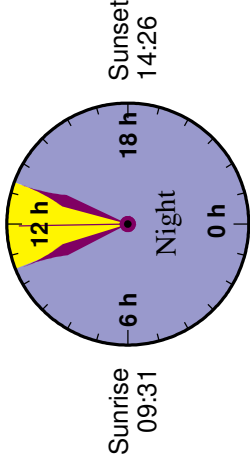
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7 341 - 24 Polar Night	1 335 - 30 Polar Night	2 336 - 29 Polar Night	3 337 - 28 Polar Night	4 338 - 27 Polar Night	5 339 - 26 Polar Night	6 340 - 25 Polar Night
14 348 - 17 Polar Night	8 342 - 23 Polar Night	9 343 - 22 Polar Night	10 344 - 21 Polar Night	11 345 - 20 Polar Night	12 346 - 19 Polar Night	13 347 - 18 Polar Night
21 355 - 10 Polar Night	15 349 - 16 Polar Night	16 350 - 15 Polar Night	17 351 - 14 Polar Night	18 352 - 13 Polar Night	19 353 - 12 Polar Night	20 354 - 11 Polar Night
28 362 - 3 Polar Night	22 356 - 9 Polar Night	23 357 - 8 Polar Night	24 358 - 7 Polar Night	25 359 - 6 Polar Night	26 360 - 5 Polar Night	27 361 - 4 Polar Night

49
50
51
52
53

January 2027



Tromsø
18.95°E, 69.65°N



Duration of the day, for January 21

Sunrise and Sunset at Tromsø (TL ± 1 mn) and sun maximal elevation (°)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 4 - 361 Polar Night	5 5 - 360 Polar Night	6 6 - 359 Polar Night	7 7 - 358 Polar Night	8 8 - 357 Polar Night	9 9 - 356 Polar Night	10 10 - 355 Polar Night
11 11 - 354 Polar Night	12 12 - 353 Polar Night	13 13 - 352 Polar Night	14 14 - 351 Polar Night	15 15 - 350 11:35 - 12:13 0°	16 16 - 349 11:17 - 12:32 0°	17 17 - 348 11:05 - 12:45 0°
18 18 - 347 10:55 - 12:56 0°	19 19 - 346 10:46 - 13:05 1°	20 20 - 345 10:38 - 13:13 1°	21 21 - 344 10:31 - 13:21 1°	22 22 - 343 10:24 - 13:29 1°	23 23 - 342 10:17 - 13:36 1°	24 24 - 341 10:11 - 13:43 2°
25 25 - 340 10:05 - 13:50 2°	26 26 - 339 09:59 - 13:56 2°	27 27 - 338 09:53 - 14:02 2°	28 28 - 337 09:47 - 14:08 2°	29 29 - 336 09:42 - 14:14 3°	30 30 - 335 09:36 - 14:20 3°	31 31 - 334 09:31 - 14:26 3°

Day duration for any cities for 2026

